

World Flying Disc Federation



2014 Development Grant Program

Report



**A report on the World Flying Disc Federation
2014 development grant program projects
with the support of**

**the International Olympic Committee (IOC) and
the Association of IOC Recognised International Federations (ARISF)**

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Introduction

by Robert L. "Nob" Rauch
President, World Flying Disc Federation

In the year 2014 the World Flying Disc Federation (WFDF) has conducted its first ever Development Grant program. The program was supported by the International Olympic Committee (IOC) and the Association of IOC Recognised International Sport Federations (ARISF).

In close cooperation with our WFDF Sport for All / Development Commission the Board of Directors has reviewed all development grant applications received and awarded the grants. The Board did not only focus on areas where member associations are established but also encouraged the application from new countries.

The 2014 grants were awarded to all continents showing the true global direction of the WFDF development policy. Projects in Africa, America, Asia, Europe and Oceania benefited from the grants. This report serves as a documentation of the success of the 2014 program.

The WFDF Board has decided to continue the development grant program in 2015 and with the ongoing support of our partners IOC and ARISF we will be able to support Flying Disc sport development in all corners of the World again.

WFDF is looking forward to receiving more interesting project applications and expresses its gratitude to all people working on Flying Disc development around the World. Thank you to the IOC and ARISF for their great support ! We also thank our partner Discraft for providing the equipment for development.

Very truly yours,



Robert L. "Nob" Rauch
President, World Flying Disc Federation

Hungary: Hungarian Frisbee Association School Cup grant

by Peter Kramer, Hungarian Frisbee Association

Hungary is one of those WFDF members, where Frisbee sports are still in very early phases of development, where one of the most important obstacles standing in the way of growing big, is people having very little knowledge of what disc sports are. As such, the Board of the Hungarian Frisbee Association (hereinafter HUFA) has approved a mid-term development concept in early 2014, whereby the main strategic goal of this concept was to increase the penetration of disc sports in the society. We truly believe that ultimate Frisbee alone has its own “selling arguments”, and if we bring this sport to a critical mass, then growth can become self-sufficient.

Our goal was to bring the sports to schools in a way, that the effort invested by them remains minimal. To do this, we have invented so-called starter packs, which we then started giving out to selected schools. The selection of the schools was not done in a scientific way at all, we simply posted the information on an online bulletin board which schools can (and occasionally do) read. We eventually received replies from a total of 17 schools, which we consider a pretty good hit rate in the first year of this program, given the number of schools in Budapest being around a few hundred. The targeted age group in these schools were 12-18 years olds.



The content of one starter pack was five ultrastar discs, and a minimum 5-time visit by one of the so-called HUFA Mentors (active Frisbee players) to the school, during which visits our mentors would give Frisbee classes to the students, all this free of charge. In return, the only obligation the schools had to take, is that they would send at least one team to the School Frisbee Cup, a one-day event which was to be held in December 2014.



Knowing that the costs of such program would be beyond the scope of the annual budget of HUFA, we realised that we shall need external funding if we want to follow through with the program we invented. We have successfully applied to WFDF for the development grant, received USD 1500 in September 2014, and the money was entirely spent on buying discs.

Our mentors started their visits to the schools, and came back with an extremely wide scale of experiences. Some schools had small gyms, some had larger gyms, some had no gyms at all. In some schools kids were extremely interested, in some kids would rather kick the disc around.

Some students learnt the basics of the game very fast, some others have had serious issues understanding the basic rules at all, let alone developing basic throwing skills. All-in-all, this first part of the program – being the school visits – was a real success, our estimation is that roughly 1200-1400 students have taken part in at least one PE class where Frisbee played the main role.

In November the time came for schools to meet their part of the deal, and start applying for the School Frisbee Cup. We have sent out application forms for this one day event, and we simply couldn't believe our eyes when applications started flowing in. We planned a one day event, booked an entire football field, which we planned to split up to four playing fields, but very soon it became obvious that one day will not be enough to accommodate all the teams wanting to come and play.

All-in-all we have received applications from a total of 33 teams of sometimes 12-14 kids per team, representing 17 different schools, so we decided to split the event up: the first leg of the School Frisbee Cup for 10-14 year old kids was organised in December 2014, while the second leg for 14-18 year old students was rescheduled to January. Although we didn't count the total number of children taking part in these events, a good guess is that 5-600 youngsters could experience the atmosphere of a Frisbee tournament for the first time in their lives.



We are planning to repeat the school cup in May this year, this time making a one day outdoor event on two adjacent football fields, where all students and teachers can take part at the same time. Word has it from these schools, that there are students asking their PE teachers about the next occasions they get to play disc again. HUFA intends to continue this program also in 2015/2016 by addressing even more schools, and attracting more children towards our beloved sport.

And that doesn't conclude it here. It also must be mentioned, that as a result of this program, 3 of the schools have basically founded regular ultimate teams, with weekly trainings, and a tournament schedule for the remainder of the school year.

HUFA is on the firm opinion that this development concept is indeed working, and we couldn't be more thankful to WFDF who made it all possible by granting the funds for the purchasing of discs.

Please find pictures made at the School Cup as an attachment to this report.

The WFDF Disc Missionary Program – supported by DISCRAFT

The WFDF Disc Missionary program aims to providing flying disc athletes travelling to areas where disc sports are not actively practiced or where the sport is under development with a package of 10 discs to distribute or bigger sets for distribution to developing countries. In 2014 the program supported projects in Nicaragua, Uganda, Kenya, Tanzania, Rwanda and Burundi. Further information on the WFDF Development projects: <http://wfdf.org/sport-development>.



DISCRAFT is the official WFDF Ultimate Disc partner – www.discraft.com.

India: Bridging the Gaps - Ultimate Frisbee Youth Camps

by Liz Haynes

In September 2014, World Flying Disc Federation granted Bridging the Gaps: Ultimate Frisbee Youth Camps (formerly known as Ultimate Players Association of India Youth Camps – UPAIYC) \$1,500 for the December 2014 camp in Auroville, Tamil Nadu.

The total funding amount was used to sponsor food and accommodation costs for 45 teens to attend the five day sleepaway camp which approximately costs \$33/teen.

These youth came from various NGOs and schools across India which could afford to pay for travel to and from camp but not food/accommodation. WFDF's grant allowed Bridging the Gaps camps to offer a scholarship for these teens to attend camp.



Poland: World Games 2017 Coaching course

by Jim Schoettler

I am providing some detail on our trip to Poland to help out with their National team tryouts. In the week prior to our trip, I had several conversations (email and skype) with Michal Dul and Dominik Dobranowski. Their plan was to hold tryouts on Saturday, with a focus on making initial teams Saturday evening. With that in mind, we set up a two part plan. The morning was dedicated to 16 stations where players competed in skill drills against each other and were given a score for each drill. The afternoon session was qualitative, field-based scrimmages (3v3 to 7v7). I think Michal, Dominik and Elwira found both methods useful - particularly in evaluating the players they were less familiar with.



On Saturday evening, we sat down with Michal, Dominik and Elwira to review the day's results. They decided to hold off on making teams that evening, and use Sunday for additional evaluation. We started Sunday by providing some specific pointers on key skill elements, like marking and defensive positioning. The rest of Sunday was spent on 7v7 scrimmages.



The instruction was very well received. My impressions are that Poland has some impressive talent, though limited depth (apparently some of the best players were not there). I think the main challenge is going to be the coaching. First, there was general agreement that the top players, who are used to shining individually, are going to have trouble fitting into roles required in a team with deep talent. Second, I think the coaches will be challenged to establish a sound, comprehensive strategy that addresses the challenges faced by Nationals teams (e.g. limited practice time, easily digestible strategies, etc). I would recommend additional coach training to help develop a more realistic strategy.



All of the Polish organizers, coaches and players were very hospitable to us during our stay - providing accommodation, food, and very fine company. I look forward to following the process of the teams. Thank you and WFDF for this opportunity.

Poland: National team tryouts tentative schedule

Time start	Time end	Discipline	Minutes	Description
8:00	8:30	Coaches and captains meeting	0:30	Review schedule, assign observers to stations, explain drill for each station
8:30	9:00	Registration and individual warm-up	0:30	Player information sheets, hand out numbers which will split by gender and separate into 4 equal sized groups (by color code)
9:00	9:10	Introductions	0:10	Explain schedule and set-up for morning session
9:10	10:00	Individual medley	0:50	50 yd sprint ladder, footwork drill, shuttle runs, beep test
10:00	10:10	Break	0:10	
10:10	11:00	Specific skills	0:50	Cone defense drill, blind huck drill, double huck drill
11:00	11:10	Break	0:10	
11:10	12:00	Throwing	0:50	30 throws, Hucks to Zones, Endzone 1v1, McFlugan break the mark
12:00	12:10	Break	0:10	
12:10	13:00	Situational	0:50	Sideline trap, cutting from handler
13:00	15:00	Lunch break	2:00	Coaches captains will aggregate scores from morning stations and divide groups into 12-15 player teams based on these scores. Afternoon will be team based drills. Players should be warmed up and ready to play by 15:00
15:00	15:20	Square drill with blade throws	0:20	Warm-up, catching ability, reading ability
15:20	15:50	Schlick	0:30	Capture-the-flag like game to look at teamwork, general field athleticism, playing roles
15:50	16:00	Break	0:10	
16:00	16:20	Circle drill	0:20	Defensive communication
16:20	16:50	3v3 in box	0:30	Defensive positioning, finding space
16:50	17:20	3v3 in endzone	0:30	Creating space, limiting field on defense
17:20	17:30	Break	0:10	
17:30	18:00	5 possession	0:30	Set play offense, general offense, aggressiveness on turn
18:00	18:10	Cone of Love	0:10	Endurance, recovery time
18:10	18:50	Full scrimmage	0:40	Playing tired
18:50	19:00	Summary, next steps for players	0:10	
19:00	20:00	Coaches/captains meeting	1:00	Discuss tryouts and create teams



POLSKIE
STOWARZYSZENIE
GRACZY
ULTIMATE

Wrocław, 22.09.2014

Volker Bernardi
Executive Director
World Flying Disc Federation (WFDF)

Polish Ultimate Players Association warmly welcomes the proposal to host the World Games Coaching course in Wrocław, Poland in 2014.

The Coaching course will be held in the city of Wrocław on 27-28 September 2014.

We confirm that 100 Polish players are invited to attend the Coaching course, the staff and coaches will attend the course, too.

Yours sincerely

Michał Dul

President
Polish Ultimate Players Association

Pan Americas/Europe/Asia Oceania: Continental Association grants

by Volker Bernardi

One main focus of the WFDF 2014 Development Grant Program was the support of the establishment of continental structures within the Flying Disc Family. With the foundation of the Asia Flying Disc Federation (AFDF) in 2011 the first step was made towards this direction.

The 2014 program supported the re-foundation of the European Flying Disc Federation (EFDF) as continental body administering all Flying Disc sports on a continental level in Europe.

The foundation of the Pan American Flying Disc Federation completed the new structure as much as possible. The program supported AFDF, EFDF and PAFDF financially making sure that administrative costs for the incorporation and organization could be met.

In 2015 we are looking forward to the foundation of the All Africa Flying Disc Federation (AAFDF).



The foundation members and Board of the Pan American Flying Disc Federation (PAFDF) 2014.

Morocco: Creating a new Ultimate generation grant

by Youness Benbrahim

This project serves as a catalyst for education and practice of flying disc and Ultimate Frisbee. We are trying as association to widely spread this sport in our country “Morocco”. As you know, Morocco is a developing country that needs to get introduced to new kind of sport such as Flying Disc. This is why our strategy is built on theory and practice to teach the young learners the basics of the game. We are intending to use visual and written materials before and alongside with the kinetic one.

Playing the game in the stadiums, beaches, sports halls, as well as outdoor is our primarily target, but then we will be looking forward to creating a whole new generation of specialized athletes in the field.

The project aims to:

- * Introducing and defining this sport of flying disc.
- * Encouraging adults and young people to practice this sport.
- * Organizing training workshops for instructors.
- * Establishing local/national tournaments (short-term) - international tournaments as long-term goal.

Argentina: Children identity building and Ultimate development grant

by Ian Mackern

In Argentina, ultimate is relatively new and its community is small, but it is continually growing. The players—argentinians and others from various other countries— have founded “la Asociación de Deportes con Disco Volador de la República Argentina” (ADDVRA) which seeks to develop the sport in the country. After various attempts with slight results, only an approximate 20 percent yearly increase in size has been accomplished. Furthermore, it is a small percentage of adolescents under the age of 18 who play the sport. It is because of this that we aim not only to create Ultimate players but also to develop a project that encourages the strengthening of the social fabric, the integration of genders, and the construction of collective identities in children between 6-18, which will serve as the base of the sport in Argentina’s future. These children may come from vulnerable areas—such as Villas—or any social order. We seek to generate a testified and documented case that takes into account the characteristics of the country, which will permit its subsequent publication. This testimonial began to develop in Villa No. 20 of Villa Lugano – CABA, a settlement on a deferred area of the city of Buenos Aires. The project was conceived in three phases which are based on the work of volunteers and the help of ADDVRA. It seeks to be self-sustaining.

The phases are: Phase 1 – in progress to be completed in December 2013. Phase 2 – In addition to building a fun community, this phase involves the initiation of competition, establishing seedlings in this way. Phase 3 – Aims to initiate the formation of community leaders which will sustain these steps through the self-management of the community, in order to give continuity to the process without neglecting the groups initiated.

We requested funding for the WFDF to help cover some of the costs of phases two and three. Other resources needed to complete the project will be provided by ADDVRA and donations from businesses and the ultimate community of Argentina. Also, cooperative ties have opened with other organizations, such as CODA which brings together physical education teachers and promotes the development of alternative sports like Ultimate.