

PAUC 2023

CAP CANA, DOM  
NOV 28TH-DEC 2ND



WFDF 2023 PAN AMERICAN  
ULTIMATE CHAMPIONSHIPS BULLETIN





# WELCOME

The Local Organizing Committee (LOC) and the World Flying Disc Federation (WFDF) are thrilled to host you at the WFDF 2023 Pan American Ultimate Championships (PAUC) in Punta Cana, Dominican Republic.

The tournament will run inclusive from Tuesday the 28th November -Saturday 2nd December 2023, at the Los Establos Polo Fields in the beach city of Cap Cana in the Dominican Republic. Los Establos has two highly ranked polo fields, which are located 45 minutes from the Tournament Hotels. PAUC will enable us to showcase Ultimate to the Dominican Republic on 27 Ultimate playing fields.

We look forward to welcoming the world's best Panamerican Ultimate athletes and coaches to our beautiful country, while offering a truly world class tournament. On the following pages you will find the details needed formalize your team's PAUC registration.

**Please pay attention to action points highlighted in red.** It is important that you all read the information in this bulletin carefully and that you respect and meet the registration and payment deadlines.

Should you have any immediate questions about registration please reach out to WFDF directly. For more information about the event please check back to the official PAUC website ([www.pauc.sport](http://www.pauc.sport)) where we will update with answers to FAQ's as they come in.

It is anticipated that more than 100 teams with over 2000 athletes will take part at PAUC in the following six (6) divisions: Open, Women's, Mixed, Master Open, Master Women's and master Mixed. Any player who is fourteen (14) years or older will be eligible to play at PAUC. The minimum age limit for athletes playing in the Master's divisions of PAUC is thirty (30) for female players and thirty-three (33) for male players in the Master Open, Master Women's and Master Mixed divisions.

We look forward to hosting you while showcasing our beautiful country and creating a lasting memory of the event here in Punta Cana, Dominican Republic. We are excited to celebrate with you on and off the field.

Should you have any questions about your participation at PAUC or regarding any information in this bulletin, please reach out to us (contacts on final page)



Juan Acosta  
PAUC 2023 Event Director



Patrick Fourcample-Maye  
PAUC Event Manager

WFDF 2023 PAN AMERICAN ULTIMATE CHAMPIONSHIPS

# "WELCOME TO SPORTS PARADISE"

PAUC.SPORT



# TEAMS AND DIVISIONS

ALL PAUC MEMBER NATIONAL FEDERATIONS ARE INVITED TO PARTICIPATE AT PAUC 2023 IN PUNTA CANA IN THE FOLLOWING DIVISIONS: OPEN, WOMEN'S, MIXED, MASTER OPEN, MASTER WOMEN'S & MASTER MIXED.



## ELIGIBILITY

- PAUC is an event for National and Club Teams. Team Roster Composition must meet the eligibility requirements as listed in Appendix D of the Rules of Ultimate 2021-2024 Appendix V3.
- All players on Team Rosters must be members of the National Federation in good standing, and must meet whatever other requirements are placed on them by the National Federation.
- Divisions (Open, Women's, Mixed, Master Open, Master Women's and Master Mixed)
- Age eligibility.
  - Any player who is fourteen (14) years or older will be eligible to play at PAUC. The minimum age limit for athletes playing in the Master's divisions is thirty (30) for the female identifying players and thirty-three (33) for male identifying players. All players must be the minimum age limit per division by the end of the calendar year in which the tournament concludes.
- WFDF strives to protect transgender athletes and to recognise the importance of autonomy of gender identity in sport and has created clear guidelines with minimally invasive requirements for TUE submissions. The guidelines were developed by the Medical and Anti-Doping Committee. PAUC will abide by timelines and requirements as outlined in the [WFDF Transgender Athlete and Differences in Sex Development \(DSD\) Athlete Policy](#).

## DIVISIONS & TEAMS

- For a division to take place at PAUC, there must be registration from a minimum of six (6) teams from at least 3 countries.
- A team must have a minimum of twelve (12) on its playing roster for the event. Teams must pay players fees for the minimum roster when the team fee is due for the team to be viable.
- A team in the Mixed division must have a minimum of six (6) female and six (6) male players on its roster.
- A team may have a maximum of twenty-six (26) players on its roster.
- Maximum and minimum limits do not apply to Non-playing Team Support (guests, coaches or other support staff) who may be registered with the team for the event.

# EVENT DATES

## LOCATION

## CLIMATE

### EVENT DATES

Captains' and Coaches Meeting and the Spirit Captains' meetings will both take place on Saturday 28th of November, followed by the Opening Ceremony (with Parade of Flags) and Opening Game.

Attendance at the Captains' and Coaches Meeting and the Spirit Captains' meetings by at least one (1) representative for each team is required. A limit of two (2) representatives per team will be enforced due to space restrictions. Times for the Meetings, Opening Ceremony and Opening Game will be advised at a later time. WFDF expects each team (in uniform) to participate in the Opening Ceremony on Day 1 and all teams should be prepared to play that day. Please plan your travel accordingly.

Some finals will be played on Friday 1st December and some on Saturday December 2nd with Closing Ceremony taking place immediately after the finals. All medal ceremonies will follow immediately after each final. Should weather cause delays to play, the schedule will be adjusted accordingly to ensure the finals are played as scheduled or prior. In severe weather the schedule or format might be adjusted with reduced games.

### CLIMATE

Average Weather in November in Cap Cana Dominican Republic:

Daily high temperatures are around 94°F/30C, rarely falling below 86°F/28C or exceeding 95°F/37C.

Daily low temperatures are around 78°F/23C, rarely falling below 75°F/20C

On occasions the wind can be strong in November in Cap Cana. Prepare for the possibility to play Ultimate in all conditions.

### LOCATION

PAUC will be held at one (1) official venue in the beach town of Cap Cana which is 10 minutes from the town of Punta Cana, Dominican Republic.

Punta Cana is also the name of the City where Bavaro, Cap Cana and Punta Cana are all located.

The Dominican Republic, is a naturally wondrous place and the home of the city destination Cap Cana. Discover our island. Our culture. Our traditions.

The Dominican Republic, a spectacular island, is nestled between the islands of Cuba and Puerto Rico in the heart of the Caribbean, and only 670 miles southeast of Florida. Come discover our island, our culture, and our beautiful landscapes.

Dive into the ecological wonders of our land. Walk among the trails and open your eyes to a garden of tropical flora bursting with colors and filling the air with the aroma of the Caribbean. Explore this living tapestry arranged for your delight.

Visit one of our many natural springs, "Hoyo Azul" located at end of a beautiful nature walk, and entertain yourself counting butterflies en route to the "Iguabonita" or Discover the mystic and breathtaking cenote "Las Ondas". Discover the many calcite crystal formations found inside these limestone caves.

The destination city of Cap Cana has the goal to preserve its beautiful natural environment.

There will be plenty of things to do for all age ranges. This event is definitely one to bring the whole family to.





# VENUE & TRANSPORTATION

All games (including the Opening and Closing days) will be played at the Los Establos Polo Fields in Cap Cana. The Cap Cana Sports City includes 27 full-sized grass ultimate playing fields with their respective safety zones.

The venue offers free parking, indoor changing rooms, fresh water, cafe and restaurants and multiple shaded areas to get out of the sun or rain between games.

Los Establos is a privately owned fully fenced facility with two Polo fields with state of the art natural green level manicured lawns and a proven drainage system.



## INTERNATIONAL AIRPORT

We recommend you use the Punta Cana International Airport (PUJ) located 10 minutes from the fields as your inbound destination. Airport transfers to and from the official hotels are offered by the LOC on a pre-book basis. This airport offers a significant number of flights from multiple destinations daily.

Aeropuerto Internacional Las Americas located in the city of Santo Domingo which is approximately 2.5 hours drive. No airport transfers are offered from the LOC.

The LOC **DO NOT** recommend you use the following airports given their location to Cap Cana.

- Aeropuerto Internacional Del Cibao (Santiago)
- Puerto Plata International Airport (Puerto Plata)

## OFFICIAL HOTEL TO VENUE SHUTTLES

Shuttle buses will transport teams from the official PAUC hotels to the fields daily.

Busses from all hotels have a maximum of 45 minutes and minimum of 30 minutes per trip.

All shuttles will get players to the fields no less than 60 minutes before the scheduled start time of the first game for each team.

Return shuttles will leave just after the time cap of the last game your team plays each day. For games finishing on point and before the 100 minutes, you may have a little longer to wait.

Detailed shuttle information will be provided when the schedule is firmed and after team and player registrations close.

**Please note** - if you book your own accommodations, you will not be permitted to use the Event Shuttle buses and must make your own arrangements at your own cost.





## TRAVEL VISA FOR PAUC 2023

You are responsible for obtaining the correct paperwork to visit the Dominican Republic to compete at PAUC 2023. Please note that we cannot provide specific advice on the process, but we do strongly recommend that you get started as soon as possible. WFDF can provide players with a letter confirming your participation as a player at the event after the players fees are paid and after the NF has supplied a roster endorsement letter with your name on it. Please make specific requests for such letter by filling out this online form

Please note: we cannot and will not provide a formal “invitation” to attend the event and non-ability to enter the Dominican Republic is not grounds for a request for a refund for a team and/or player fees. Please be aware that some nations do not require a visa, however you may have to travel with certain paperwork to show officers at the Dominican border - we recommend EVERY TEAM makes specific inquiries.

Please visit the following webpage and select your country of citizenship to see the requirements for visiting the Dominican Republic.

<http://www.domrep.org/visa.html>, [Proof of registration form](#)





Palladium



Tropical Princess



Whala Urban

Impressive



Catalonia

Margaritaville

# HOTEL ACCOMMODATIONS

Property Name	Rating	Meal Plan	Destination	Distance		Room Category	Maximum Occupancy	Beds	Rates per Person per Night					
				From Airport	From Venue				1 Paxs	2 Paxs	3 Paxs	4 Paxs	Children	Children Age
Tropical Deluxe Princess	4*	All Inclusive	Punta Cana, Bavaro	26 KM / 32 Min	37 KM / 47 Min	Tropical Deluxe	3 adt   2adt + 2 chd	1 King Size or 2 Queen Beds	\$143	\$103	\$94	N/A	\$47	2 - 12 y/o
Whala Urban	4*	Bed & Breakfast	Bavaro	17 KM / 16 Min	32 KM / 28 Min	Standard	4 Paxs	2 beds	\$109	\$55	\$49	\$46	\$27	2 - 12 y/o
	4*	Bed & Breakfast	Bavaro	17 KM / 16 Min	32 KM / 28 Min	Junior Suite	4 Paxs	1 King Size + 1 Sofa Bed	\$120	\$60	\$54	\$51	N/A	N/A
Impressive Punta Cana	4*	All Inclusive	Punta Cana, Bavaro	19 KM / 26 Min	30 KM / 41 Min	Tropical View	3 adt + 1 chd   2 adt + 2 adt	1 King Size or 2 double Beds	\$132	\$73	\$66	N/A	\$37	2 - 12 y/o
						Pool View	3 adt + 1 chd   2 adt + 2 adt	1 King Size or 2 double Beds	\$145	\$81	\$73	N/A	\$40	2 - 12 y/o
						Ocean View	3 adt + 1 chd   2 adt + 2 adt	1 King Size or 2 double Beds	\$172	\$95	\$86	N/A	\$48	2 - 12 y/o
Impressive Premium Punta Cana	5*	All Inclusive	Punta Cana, Bavaro	19 KM / 26 Min	30 KM / 41 Min	Junior Tropical View	3 adt + 1 chd   2 adt + 2 adt	(1 King Size or 2 double Beds) + 1 Double Sofa Bed	172	95	86	N/A	48	2 - 12 y/o
						Junior Suite Pool View	3 adt + 1 chd   2 adt + 2 adt	(1 King Size or 2 double Beds) + 1 Double Sofa Bed	180	100	90	N/A	50	2 - 12 y/o
						Junior Suite Ocean Front	2 adt	1 King Size Bed	189	105	N/A	N/A	N/A	N/A
Catalonia Bavaro Beach	5*	All Inclusive	Punta Cana, Cabeza de Toro	18 KM / 20 Min	28 KM / 37 Min	Junior Suite	3 adt + 1 chd   2 adt + 2 chd	1 King or 2 Queen Size Beds	192	120	114	N/A	60	5 - 12 y/o
						Priviledge Deluxe Junior Suite	3 adt + 1 chd   2 adt + 2 chd	1 King or 2 Queen Size Beds	224	140	133	N/A	70	5 - 12 y/o
Palladium Punta Cana	4*	All Inclusive	Punta Cana, Bavaro	23 KM / 31 Min	34 KM / 46 Min	Junior Suite Garden View	3 adt   2adt + 2 chd	(1 King Size or 2 Queen Beds) + 1 Double Sofa Bed	\$264	\$147	\$134	N/A	\$73	2 - 12 y/o
Margaritaville Island Reserve Resorts Cap Cana Hammock						Paradise Room	2 adt		378	252		N/A		
						Queen Paradise Room	3 adt		387	258	250			
						Deluxe Junior Suite	2 adt		393	262				
						Luxury Junior Suite	3 adt		396	264	255			
						Swim-Up Luxury Junior Suite	2 adt		432	288				
						Swim-Up Luxury Premium Suite	3 adt		505	337	326			
Margaritaville Island Reserve Resorts Cap Cana Hammock	5*	All Inclusive	Cap Cana	13 KM / 17 Min	7 KM / 10 Min	Deluxe King Room	2 adt		322	225				
						Family Paradise Suite	2 adt + 1 chd		349	233			116	3 - 12.99 y/o



# HOTEL ACCOMMODATIONS



## Instructions on how to book:

- Identify hotel from the table on prior page
- Identify room type - Be sure to understand the bed configuration
- Identify how many people you will have in a room
- ONE person will fill out the form per room
- Submit
  - Rate is per person, per night
  - Bookings are on a first come-first served basis
  - Price is for B&B for Whala Urban, for all other hotels, the price is all inclusive with 3 meals per day.
  - All hotels listed will include transport to and from the venue each day
  - Teams will work directly with Domex to finalise bookings. Filling out the online booking form below will provide Domex with information to assist in finding you your preferred options.

## **BOOK YOUR HOTEL HERE**

**Find more info on accommodation at [pauc.sport](http://pauc.sport)**



# FEES & EVENT DEADLINES

PAUC 2023

## TEAM FEES \$1550

Due Monday 30th January

## MIN ROSTER (12) PLAYERS FEES \$3660

Due Monday 27th February

## PLAYERS FEES \$305 (each)

Due Monday 1st May

## NPTS FEES \$205 (each)

Due Monday 1st May

TEAM FEE

USD \$1550

PLAYER FEE

USD \$305

NON-PLAYER FEE

USD \$205

LATE FEE - SURCHARGE

USD \$50

ADDITIONAS MADE AFTER 1st May 2023 (per person)



# FEES & EVENT DEADLINES

PAUC 2023

- WFDF will invoice and collect all fees for PAUC.
- All fees are in US Dollars \$ (please ensure your payment is made in the right currency)
- The team fee is NOT reimbursable for any team that withdraws after 30th January. Teams withdrawing for your own reasons does not fall into the Cancellation policy for event cancellation. The player fee can be transferred to another player but is NOT reimbursable (subject to certain medical exceptions with restrictions)
- All bank fees and transfer charges are at the cost of the payer – if there are any outstanding monies they will be collected in cash during on-site event registration

Player Fees will include event accreditation, field and roster access for play, access to all player zones and meetings, and also the event gift and can access the podium to receive medals.

Non-playing Team Support fees are for people traveling and associated with the team (coaches, medics, support, admin and guests) but are not taking the field to play. They will receive the same benefits as a player but will not be on any roster and are not entitled to play.

Spectators are non-accredited individuals who will not be able to participate with the team or take part in any of the event or team functions and will be treated as spectators.



# HEALTH & MEDICAL

All event participants (athletes, coaches and team support) are recommended to obtain travel insurance prior to booking flights and health insurance before leaving your home country.

The healthcare system in the Dominican Republic is based on individuals carrying personal insurance. PAUC and the PAUC LOC does not provide coverage for participants outside of the general first aid administered at the fields. There are always risks associated with playing Ultimate and travelling. Although PAUC will have medical staff on site to deal with first aid and assess critical injuries, there may be injuries or illness in which players need medical attention that requires emergency visits to local hospitals.

PAUC and the LOC kindly request that all players and event participants acknowledge these risks and understand that PAUC and the LOC cannot be held liable for any risk or cost associated with injury or bad health at PAUC. All event participants should alleviate some personal financial liability by purchasing your own travel and health insurance to make sure you are covered for any medical issues or event cancellations that could arise.



# TEAM REGISTRATION

***Note: To accept team bids and provide details for your team administrator, please follow the steps outlined below:***

***Step 1 - Complete the online team registration form before :  
Friday 20th January***

***<https://forms.gle/NnTeSr38uVCPiAgb9>***

***Step 2 - Make the team fee payment to WFDF before:  
Monday 30th January.***

All teams attending PAUC are kindly requested to fill out the form above. Member NF's will be invoiced for the Team fees if we have not heard from your teams by the 20th Jan. Any teams not having paid their fees by the 30th January will have their bids revoked.

Please note: adding extra bids or changing divisions after the registration closes is strongly discouraged and will only be possible at the full discretion of WFDF. If you need any changes or require more bids, please email WFDF urgently [karina.woldt@wdf.org](mailto:karina.woldt@wdf.org)

## CANCELLATION POLICY

WFDF and the LOC recognise that situations outside the control of the organisers could occur that might have possible impacts on the ability to host the event.

We will continue to monitor the impact and effects of the Pandemic and any geopolitical factors that might affect travel. We will follow the advice and recommendations from International health, safety and travel authorities for travel to and from the Dominican.

If any new information presents itself that would warrant an event cancellation we will report back immediately to teams. Countries should continue to make their own assessment, and should remain in contact with the organisers with up to date information if any concerns arise.

WFDF also reminds all teams that team fee and minimum roster invoice payments are the only formal registration for a team. Any bids not paid on time will be revoked. Only once payments are received will WFDF confirm critical mass for the event to proceed. Teams should not make firm flight or hotel bookings until that time.

At the discretion of WFDF and the LOC, should the event need to be cancelled, the following cancellation terms will apply to all event fee payments;

- Cancellation announced before 31 JAN - 100% of fees collected will be returned.
- Cancellation announced 1 MAR - 31 APR - 50% of Players Fees collected will be returned.
- Cancellation announced 1 MAY - 31 JUL - 30% of Players Fees collected will be returned.
- Cancellation announced 1 AUG - 15 NOV - 10% of Players Fees





The World Flying Disc Federation (WFDF) is the international sports federation responsible for world governance of flying disc (frisbee) sports, including Ultimate, Beach Ultimate, Disc Golf, Freestyle, Guts, and Individual Events. WFDF is a federation of 107 member associations, which represent flying disc sports and their athletes in more than 103 countries. WFDF is an International Federation recognised by the International Olympic Committee (IOC) and by the International Paralympic Committee (IPC), and the International University Sports Federation (FISU), a member of the Global Association of International Sports Federations (GAISF), the Association of IOC Recognised International Sports Federations (ARISF), the International World Games Association (IWGA), the International Masters Games Association (IMGA), and the Association for the International Sport for All (TAFISA).

WFDF is a signatory to the World Anti-Doping Code, and is a registered not-for-profit 501(c)(3) corporation in the state of Colorado, USA.

## EVENT SPONSORS



Discraft- the ULTIMATE in discs.

We have been a proud sponsor of WFDF for over 30 years with our Ultimate, Disc Golf and Freestyle discs. The most popular Ultimate Disc around the World, the 175g Ultrastar is the official playing disc for PAUC.

Our vision is to bring people together through a shared love for flying discs and we believe that each customer deserves the best product possible with a main focus on quality and consistency during manufacturing

Available in a full range of colours, we can custom stamp your discs to meet your requirements.

[www.discraft.com](http://www.discraft.com)



VC Ultimate has been producing Ultimate's best-quality uniforms and custom performance apparel since 1998. A company that proudly puts values and community before profit, VC is the world's top source for quality, design, and all of your Ultimate needs.

All teams competing in WFDF events receive a 20% discount on team uniform orders.

Contact [info@vcultimate.com](mailto:info@vcultimate.com) to start creating your next project.

VC Ultimate is WFDF's official apparel partner and designs and produces Ultimate uniforms of the highest quality, and manufactures in both Canada and Europe using recycled fabrics.

The VC Team [www.vcultimate.com](http://www.vcultimate.com)



WFDF's official glove supplier & sponsor!

Layout Ultimate provides high-quality Ultimate-specific Gloves to enhance your playing ability and experience.

Creating custom, fully sublimated gloves that can be tailored in exciting designs for your team as well as producing a simplified Lite Layout Glove, Layout have all your glove needs covered.

Layout offers a 40% discount for WFDF member National Federations. (minimum order - 30 pairs)

Jake Skrypek [jake@layoutultimate.com](mailto:jake@layoutultimate.com)



Founded in 2016, Greatest Ultimate Bag is the #1 bag designed by and for Ultimate players, and the official bag of WFDF, AUDL teams and elite club teams around the world.

Produced in many sizes (18L, 30L, 45L and 60L), the GREATEST ULTIMATE BAG is jam packed with features such as rain fly protection, roomy cleat compartment, cooler and disc carrying ability. Don't just get your gear to the field. Get there organised and in style with Greatest. The unique organisation system keeps smelly socks away from water bottles and muddy cleats away from clean clothes .

Roldy Lo [www.greatestbag.com](http://www.greatestbag.com)





# CONTACT US

EMAIL LOC: [INFO@PAUC.SPORT](mailto:INFO@PAUC.SPORT)

Event related logistics- transport, food, venue and hotels.

EMAIL WFDF:

[PATRICK.FOURCAMPRE@WFDF.SPORT](mailto:PATRICK.FOURCAMPRE@WFDF.SPORT)

Competitive logistic, PAUC player registration & teams contact

[KARINA.WOLDT@WFDF.SPORT](mailto:KARINA.WOLDT@WFDF.SPORT)

Event invoicing & PAUC team registration