



PAUC 2025

EVENT GUIDE

WFDF 2025 PAN AMERICAN ULTIMATE CHAMPIONSHIPS
EVENT GUIDE

PARTNERS





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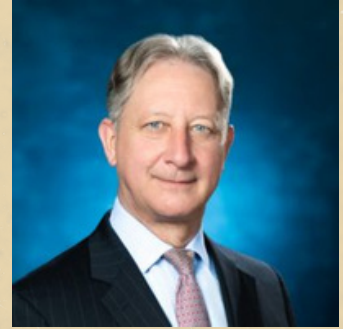
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WFDF WELCOME



November 2025

Greetings to all PAUC 2025
participants,



On behalf of the World Flying Disc Federation, I am pleased to welcome all athletes, coaches, staff, supporters, volunteers and spectators to Punta Cana for the Pan American Ultimate Championships. We are excited to see such a gathering of Ultimate talent from all over the Americas coming to compete at the highest level in the great country of the Dominican Republic.

WFDF is thrilled to see more than 1,200 players and 59 teams from 10 countries competing in this year's PAUC. This event builds on the success of past Pan American Championships in 2023.

We want to extend our sincerest thanks to the Tournament Organizing Committee, CUT Camp, and Tournament Directors Juan Acosta and Sophia Paredes. We would also like to acknowledge the support provided by Cap Cana Sports City. These teams have worked tirelessly to ensure this event embodies a sports paradise.

We at WFDF wish all players and teams competitive success and an enjoyable tournament over the next six days, from the first showcase game to the closing ceremonies, and both on and off the field.

Very truly yours,

A handwritten signature in blue ink, which appears to read 'Nob Rauch', written in a fluid, cursive style.

Robert "Nob" Rauch
President

EVENT DIRECTOR WELCOME

Welcome to the WFDF 2025
Pan American Ultimate
Championships!



We are thrilled to welcome you back to the beautiful Dominican Republic for the Pan American Ultimate Championship. This event is the result of months of dedication, teamwork, and passion, and we couldn't be more grateful to share it with you once again.

As you take the field in Punta Cana, remember that you're not just competing, you're representing the best of our sport. The true spirit of ultimate lives in your sportsmanship, teamwork, and the connections you'll make with athletes from across the Americas.

We feel incredibly fortunate to host this event and to witness the community, energy, and excellence each of you brings.

A handwritten signature in black ink that reads "Juan Acosta".

Juan Acosta
Tournament Director

2025 PAUC STAFF

LOCAL ORGANIZING COMMITTEE (LOC)

Tournament Director - Operations

Tournament Director - Logistics

Volunteers & Local Director

Competition/Finance Director

Hospitality Coordinator

Marketing Director

Chief Medical Officer

Juan Acosta

Sophia Paredes

Andrea Martinez

Eddie Larson

Teresa Pimental

Emma Petersen

Dr. Keoni Dellarman



CONTACT

Email: info@pauc.sport

Website: www.pauc.sport

Throughout PAUC, the Tournament Organizing Committee members can be contacted at the PAUC information tent or the LOC office.

FIELD ADDRESS

Los Establos Ciudad Ecuestre

FHPC+MW7, Unnamed Road,, Punta Cana
23000, Dominican Republic

PAUC TOURNAMENT RULES GROUP (TRG)

WFDF Technical Tournament Director (Chair)

PAUC Event Director

WFDF Spirit Director

WFDF Head Game Advisor

WFDF Events Team

WFDF Events Team

Brian Gisel

Juan Acosta

Gabriela Jimenez

Edwin Lopez

Karina Woldt

Andrew Portwine

THE ULTIMATE IN CUSTOM

DISCRAFT
ULTRASTAR

SUPERCOLOR



HOT STAMP

**ORDER FROM
1 TO 1 MILLION**

official disc
WFDF
WORLD FLYING DISC FEDERATION

WFDF 2025 PAN AMERICAN ULTIMATE CHAMPIONSHIPS

"WELCOME TO SPORTS PARADISE"

PAUC.SPORT

WORLD FLYING DISC FEDERATION

The World Flying Disc Federation (“WFDF”) is the international sports federation responsible for world governance of flying disc (frisbee) sports, including Ultimate, Beach Ultimate, Disc Golf, Freestyle, Guts, and Individual Events.

Formed in 1985, WFDF is a federation of 126 member associations, which represent flying disc sports and their athletes in more than 122 countries.

As the international governing body for the sport of flying disc, WFDF has the responsibility for sanctioning world championship and other international flying disc events, establishing uniform rules, and setting standards for and recording of world records. It acts;

- to promote and protect the “spirit of the game” of flying disc play;
- to encourage flying disc play throughout the world and foster the establishment of new national flying disc associations, advising them on all flying disc activities and general management;
- to promote and raise public awareness of and lobby for official recognition of flying disc play as sport; and to provide an international forum for discussion of all aspects of flying disc play.

WFDF EXECUTIVE COMMITTEE



WFDF President

Robert “Nob” Rauch

WFDF Vice President

Brian Gisel

WFDF Treasurer

Kate Bergeron

WFDF Secretary

Catherine Nakasi

WFDF Ultimate Vice President

Brain Gisel

World Flying Disc Federation
5825 Delmonico Drive, Suite 350
Colorado Springs, CO 80919 USA

Throughout PAUC, the WFDF team can be contacted at the WFDF office or by email to events@wfdf.sport.

DEC 1

REGISTRATION

8:00 - 17:00

OPENING GAME

15:15 - 17:15

DEC 2-5

ROUND 1

9:00 - 10:40

ROUND 2

11:30 - 13:10

ROUND 3

13:40 - 15:20

ROUND 4

16:10 - 17:50

DEC 6

**MASTERS MIXED
FINAL**

9:30 - 11:10

**WOMEN'S &
MASTERS OPEN
FINAL**

11:30 - 13:10

OPEN FINAL

13:40 - 15:20

MIXED FINAL

15:30 - 17:10



**ROUND
SCHEDULE**

WFDF OFFICIAL MERCHANDISE PARTNER



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OF THE
PAN AMERICAN
ULTIMATE
CHAMPIONSHIPS



MEDIA



WFDF.PAUC



**WFDF PAN AMERICAN
ULTIMATE CHAMPIONSHIPS**



WFDF.PAUC

Share and help showcase Ultimate by using #pauc2025 and tagging the event in any related post you share

ULTIPHOTOS

Official Event Photography for the WFDF 2025 PAUC includes the talented crew from UltiPhotos. Check out their work from previous WFDF events at ultiphotos.com.

Please credit any photos you share back to them and support your photographers by purchasing the photos you love.

MEDIA PARTNERS

4Ultimate will be providing limited media coverage of select games throughout the event. Recorded games will be available to watch on 4Ultimate's platforms following the tournament.

VIDEOGRAPHY

Official Event Videographer for the event will be Matthew Brooks. The PAUC videography crew will be providing special features during the event and post event highlights.

4Ultimate will also be present to film select games. Please visit <https://fourultimate.com/> for more information,

RECYCLING, SITE RULES & INFORMATION

TRASH & RECYCLING

Bins will be located around all competition and spectator areas on the venue. Teams are kindly requested to clean up all areas after their games and to leave the fields in a tidy manner. Spectators are responsible for their own rubbish.

SITE RULES

Facility Staff, event staff and volunteers will be checking to make sure athletes and spectators are following the site rules. Those caught in violation of the rules risk removal from the venue, accreditation confiscation, and or having your vehicle towed. Thank you for following the site rules!

- All WFDF events are smoke-free. No cigarettes or smoking allowed on site
- All horses have the right of way
- No swimming (strictly prohibited at the venue)
- Driving and Parking only on designated areas (driving on fields is prohibited)
- STAY OFF private property
- Use pedestrian walkways to cross the road
- NO MOTORIZED TWO-WHEEL VEHICLES ALLOWED

LOST & FOUND

Lost & Found will be located at the volunteer tent. All lost & found items should be reported to a volunteer or taken to the volunteer tent. Items not claimed by the end of the event will be donated to charity.

WATER & ICE

Water stations will be located between the fields. Ice will be available at the medical tents for injuries.

PARKING

Parking will be available for all players, spectators and teams driving in. Once you reach the venue there will be parking staff to guide you.



WhatsApp: +1 (809) 519 - 0066



DO YOU NEED

A RIDE TO PAUC, HOTEL, PUJ AIRPORT

SCHEDULE

- **WhatsApp** English o Espanol
- **Safe & reliable** rides to/from PAUC
- **Seatbelt** per passenger mandatory

RATES

- **PC Village -PUJ Airport -Blue Mall to/from Cap Cana**
 - \$35usd/ \$2,200dop
- **Within Cap Cana**
 - \$25usd/ \$1,550dop

PayPal RD



PayPal USA



USD\$/DOP\$ CASH OR PAYPAL

CAP CANA

GETTING TO CAP CANA

Entry into Cap Cana will require a QR code. QR code link can be found below and on the following page. Please have this QR code ready when arriving to the entrance of Cap Cana.

THINGS TO DO

Things To Do Google Maps

- [Marie Sweets & More](#) - Coffee & Sweets
 - [Barbudo Restaurant](#) - Pasta, Steak & More
 - [Heledaria Valentino Api Beach](#) - Ice Cream
 - [Scape Park](#) - Adventure Park
 - [BlueMall Punta Cana](#) - Shopping Mall, Restaurants
 - [Wendy's Punta Cana Village](#)
 - [Supermercados Nacional](#) - Large Grocery Store
 - [Las Canas Market Place](#) - Small Grocery Store
 - [Farmacia IMG](#) - Small Pharmacy
 - [Coco Bongo](#) - Disco Club
-



Register NOW



REQUIRED FOR ENTRANCE
TO CAPCANA

Or visit events.capcana.app

FOOD, DRINK & ACCREDITATION

RESTAURNT

Harvest, a farm-to-table restaurant with stunning views of Los Establos, is the perfect spot to relax after a day of Ultimate. The restaurant will offer a special event menu for athletes and spectators to enjoy

ALCOHOL DRINK SALES & RESTRICTIONS

Legal age to drink alcohol in the DR is 18 years or older. Everyone must present a valid ID which can be one of the following: Driver's license, passport, or other Government ID. No outside alcohol will be permitted to the venue. For alcohol purchases cash and credit cards accepted. No refunds. Please drink responsibly!

ACCREDITATION

All registered players, team members, staff, volunteers, media and partners will receive an event badge attached to an event lanyard. In order to use event services and play in the event, you must keep your accreditation with you at all times.

Entrance to the venues and tournament party will be refused to any person noticeably under the influence of alcohol, narcotics or presenting any strange behaviour, and to any person behaving, or considered likely to behave, violently, harmfully or contrary to the public order. In relation to all of these matters, the assessment of event staff will be determinative and final. Entrance will also be refused to any person who attempts to bring in prohibited items.

M E N U GRILL

\$10

PORKBELLY ROSTIZADO C CASABE

EMPANADITA DE RES

SMASH BURGER

CHORIPAN

ENS, CAESAR C/POLLO

CHICKEN FINGER C/PAPAS FRITAS

PORCIÓN DE PAPAS FRITAS----\$5

IMPUESTOS NO INCLUIDOS

LA ESTACIÓN DE CAFÉ

CAFÉ REGULAR

\$2

CAFÉ CON LECHE

\$4

LOCAL BEER

\$3.5

ESTRELLA SIN ALCOHOL

\$3.5

AGUA

\$2

IMPUESTOS NO INCLUIDOS

ΦHARVEST

FARM TO TABLE

EST 2024

M Á S que

BEBIDAS

AGUA

\$2

JUGO NATURAL

\$4

REFRESCO

\$2

PALETA

\$5

CERVEZA

\$3.5

CARROT CAKE

\$10

GATORADE

\$5

TORTA CHOCOLATE 10

IMPUESTOS NO INCLUIDOS

GRILLED PRIME FLAT

CON CHIMICHURRI ACOMPAÑADO DE PURE DE YUCA

USD 25

PENNE AL VODKA

USD 11

SMASH BURGER DOBLE

BURGER DOBLE CARNE DE RES, CHEDDAR,
LECHUGA, TOMATE, CEBOLLA TOCINETA
CON PAPAS FRITAS

USD 15

SALMON A LA BRASA

ACOMPAÑADO DE VEGETALES GRILLADOS

USD 25

CHORIPAN

USD 10

CHICKEN FINGER

CON PAPAS FRITAS

USD 10

ENSALADA CAESAR

USD 10

TOC & VOLUNTEER STAFF

This tournament wouldn't be possible without our volunteers. We can assure you that all of our volunteers will offer excellent customer service and help create an amazing experience for everyone in attendance, further enhancing the reputation of Ultimate as a great sport.

Please remember to say thank you to your volunteers and let them know how much you appreciate them

VOLUNTEERS WILL BE IN



STAFF WILL BE IN





PACIFIC

CAPCANA REPUBLIC

2016

2016



CUT CAMP PACIFIC

SUNDAY

LOS

AJ Merri

Helton

CLOSED

Baraguer
Noah Hanson
& many more

Adventure Begins at Scape Park!



MEDICAL

All on-site medical care will be provided to players free of cost. Athletic trainers, paramedics, doctors and ambulance will be on site during all playing hours. Please have copies of your insurance when seeking additional treatment offsite.

ATHLETIC TRAINING

- Available 1.5 hours before games and through the end of game play each day
- Orthopedic injury and assessment
- Free taping for both preventative and acute injury (while supplies last)
- Concussion screening
- Return to play decisions

MAJOR MEDICAL

- Available during all game play hours
- Illness assessment and management
- Care for players, staff, volunteers, and spectators
- Field treatment or transport to hospital decision (medical treatment and transport to hospital is at the cost of the patient)

Please see medical tent for facility recommendation based on need. Medical tents are located at Tournament Central.

HOSPITAL

Consultorio Medico Cap Cana
GJ63+JX5, Punta Cana 23000, Dominican
Republic
ETA: 13min

Hospital IMG-Punta Cana Village
Boulevard 1, Punta Cana 23000, Dominican
Republic
ETA: 19min

Please contact the Chief Medical Officer directly for any questions at the medical tent.

ABOUT SPIRIT OF THE GAME



Ultimate relies upon a Spirit of the Game that places the responsibility for fair play on every player.

Spirit of the Game (SOTG) is the mindful behaviour practised by players prior to, during and after a game of ultimate. It encompasses attitudes and skills such as good knowledge and application of the rules, fair-mindedness, safe play and spatial awareness, clear and calm communication, and a positive and respectful attitude towards teammates, fans, and opponents, in a mutual effort to protect the basic joy of play.

We strongly believe that Spirit of the Game helps people to develop skills in polite, calm and respectful communication even in difficult situations, and to make friends all over the world despite ethnic, national or religious differences. Spirit of the Game promotes understanding and peace in our sport, and we hope that through each player, that influence can spread beyond the field and make real changes in the outside world.

At PAUC, every team in every division has chosen a Spirit Captain. It is this player's responsibility to work with their team and all opposition teams to ensure that the highest standard of the Spirit of the Game is maintained throughout the competition (both on and off the field).

A Spirit scoring system has been developed to evaluate the other team immediately after each game. With all players involved and led by the Spirit Captain, each team fills in a Spirit scoresheet. Using guidelines and examples found in the Spirit scoring examples document, each team can provide a more consistent score for the other teams. The Spirit scoring system therefore serves as an educational tool where teams can learn how to improve based on standardised feedback.

To celebrate Spirit of the Game, an award is presented to the team in each division with the highest total Spirit score. Winning this award is held in the highest regard and all teams strive to achieve this.

Good luck to all athletes. Your physical and mental abilities represent the pinnacle of our sport in your age group. You have the opportunity to demonstrate the highest values of sports competition through the Spirit of the Game. Fans and spectators, you can look forward to some incredible action and even more incredible displays of Spirit throughout the Championships.

The World Flying Disc Federation (WFDF) requires ALL athletes and coaches/medical staff competing in WFDF events to complete the ADEL anti-doping education course prior to the event.

ADEL is an internet-based tool which WFDF has used for the past several years. This is an educational exercise and test to enhance the knowledge of Anti-Doping matters for elite athletes and their support personnel concerning subjects such as doping control procedures, the WADA Prohibited List, athletes' whereabouts reporting and Therapeutic Use Exemptions (TUE)

In preparation for WFDF events, we kindly ask you to ensure that ALL team members review the Anti-Doping information carefully. If you have any questions, please ask.

WFDF ANTI-DOPING DOCUMENTS can be found online: <https://wfdf.sport/anti-doping/>

The documents you should make yourself familiar with are: <https://wfdf.sport/anti-doping/>

- WADA PROHIBITED SUBSTANCES & METHODS LIST 2025
- WADA 2025 Code and Standards Documents
- WFDF Therapeutic Use Exemption (TUE)
- The WADA International Standards on TESTING, TUEs and Protection of Privacy and Personal Information:

For any questions on WADA or Anti-Doping, please email:
antidoping@wfdf.sport

WFDF ANTI-DOPING DOCUMENTS

WFDF Anti-Doping Documents can be found online at <http://wff.org/anti-doping>

The documents you should make yourself familiar with are:

- WADA PROHIBITED SUBSTANCES & METHODS LIST 2025
- WFDF Therapeutic Use Exemption (TUE)
- The WADA International Standards on TESTING, TUEs and Protection of Privacy and Personal Information.

If you have any questions on WADA or Anti-Doping, please email antidoping@wfdf.sport

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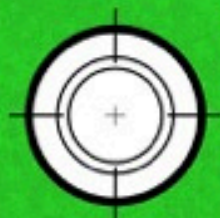


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AIM

The aim of GAs is to support the Players to self-officiate as effectively and efficiently as possible. Players remain responsible for making and resolving all game calls.



RULES ADVICE

During stoppages GAs can help to clarify the rules, if asked by the Players.



TIME LIMITS

GAs closely monitor time limits in accordance with the rules, including in between points, time outs, and during discussions, and encourage teams to comply with these rules.



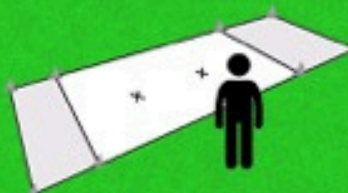
NON BINDING ADVICE

If Players need help resolving any call they may ask the GA for their advice. This advice is non-binding and Players must still make the call.



WHISTLES

GAs give information to Players about time limits by using whistles, but also by providing verbal advice.



SIDELINE ROLE

GAs remain on the sideline during play. They may come on to the field during stoppages, if needed.



SPIRIT OF THE GAME

If GAs have concerns about Spirit they can talk to the Captains, the Players involved, or can even call a SOTG Stoppage to help the Players resolve the issue.



MISCONDUCT

In extreme circumstances GAs can issue warnings and/or enforce sanctions in accordance with the WFDF Conduct Policy.



OFFSIDE



PICK

HAND SIGNALS

GAs use hand signals to echo the calls made by the Players, for the benefit of other Players and spectators. They also actively signal to inform the opposition of Offside violations, but the Players must still make the call.



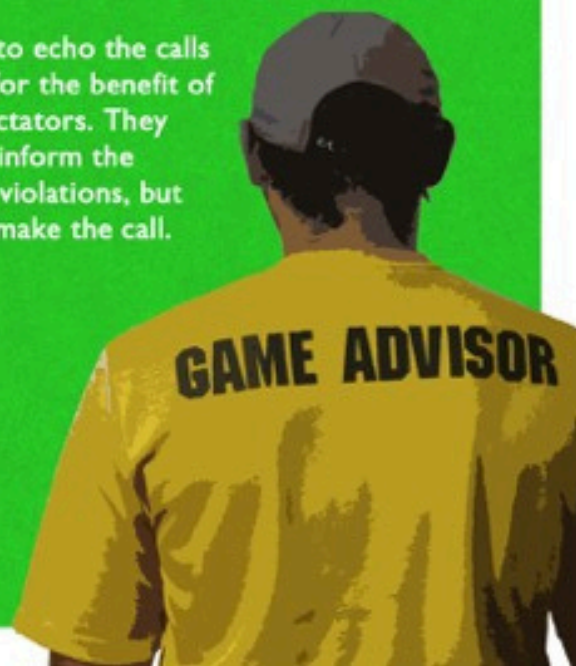
FOUL



UNCONTESTED



CONTESTED



GAME SCHEDULE



Schedule is subject to change



NO ACCESS



SHADE TENTS



BATHROOMS



MEDICAL



WFDF OFFICE



FOOD OPTIONS



PICNIC AREAS



VC EVENT
MERCHANDISE



ENTER

STAFF
PARKING

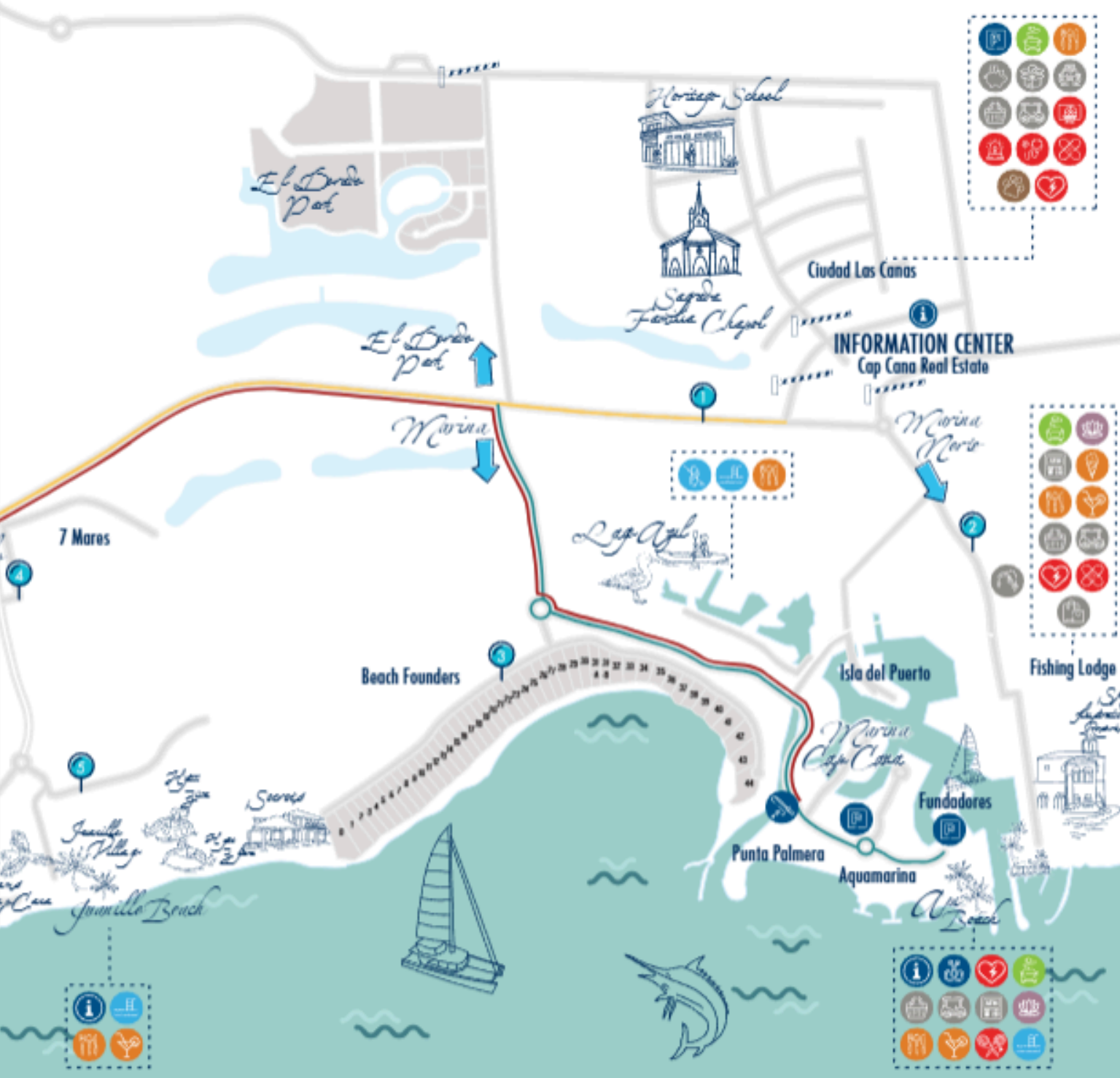
BUSES &
PUBLIC
PARKING





- 1 BOULEVARD
- 2 MARINA NORTE
- 3 JUANILLO BAY
- 4 ALTA VISTA
- 5 PASEO JUANILLO
- 6 PASEO DE PLAYA

- | | | | | |
|---------------------|------------------|------------|-------------------------|----------------|
| INFORMATION | COURRIER | TAXIS | BIKE STORE | MEDICAL CENTER |
| PARKING | BANK | MINIMARKET | LAUNDRY | DEFIBRILLATOR |
| EV CHARGING STATION | GAS STATION | ATM | SECURITY & FIREFIGHTERS | RESTAURANT |
| SCOOTER RENTAL | GOLF CART RENTAL | SHOPS | PHARMACY | BAR |



7 PASEO DEL LAGO 8 RACQUET VILLAGE VIA 9 LAS PALMAS 10 MAJAGUA 11 FUNDADORES 12 DOLINAS 13 PASEO CALETÓN

- | | | | | |
|-------------------------|--------------------|--------------------|---------------------|-------------------|
| ICE CREAM SHOP | SHORE FISHING DECK | ECO ADVENTURE PARK | GOLF | 1.5 KM CYCLE PATH |
| WELLNESS & BEAUTY SALON | DEEP SEA FISHING | GYM | PADDLE COURT | 3.5 KM CYCLE PATH |
| SWIMMING PLACE | EQUESTRIAN CENTER | TENNIS COURT | 8.2 KM RUNNING PATH | 2.2 KM CYCLE PATH |
| KAYAK | VET & PET STORE | BASKETBALL COURT | 6.1 KM CYCLE PATH | 800 M CYCLE PATH |



EXPLORE